## Transcript Review and <br> Credit Evaluation



## Counseling Team

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## You are going to:

1. Review your Transcript
2. Complete a Credit Evaluation
3. Determine what classes you still need to take to both earn your diploma and prepare for your post-secondary plan
4. Use the "Jot Form" planning tool to identify which classes to prioritize
5. Find and complete the AP/College in the HS Contract
6. Begin data entering your class choices into Skyward

## You will now receive a copy of your transcript

Here's what you need to know about it:

- Your transcript is a legal document of every class that you have taken in high school.
- It lists the classes that you took each trimester
- What your grade earned was in that class
- The credit that you earned per class.
- It is the document that you use when applying to colleges and scholarships.






## See:

# -The grade for each class 

-The credit earned<br>per class

| AUTHORIZED SIGNATURE |  |
| :--- | :--- |
| DITLE | PAGE <br> 1 <br> 1 |



```
For information about the state of
Washington High School Transcript
please visit the OSPI Website at
www.K12.wa.us
```


## Find:

## The total number of credits that you have earned

## Warning:

If you are below 6.0 credits, then you are deficient. You are not on track to graduate on time. See your counselor and create a plan.

## Find:

## Your Cumulative GPA

This is the magic number that you use when you are applying to universities and scholarships.

Additional State Requirements

## High School and Beyond Plan

- Will be completed your Senior Year


For information about the State of
Washington High School Transcript
Washington High School Transcript
www. K12.wa.us

## Washington State History

- Completed usually in the seventh-grade year.
- If yours is not marked as "Met" then your counselor will work with you to meet this requirement at a later time


## Graduation Pathway

- This is the Math and ELA SBAC exams which you will take at some point when we are back in school


## Community Service -

- A minimum of 20 Hours
-This gets marked off in the Spring of your Senior Year.


## Now let's look at your Graduation Requirement Checklist

High School Graduation Requirements Checklist Class of 2024+

Name: $\qquad$ Grad Year: $\qquad$ Date: $\qquad$

- Minimum credits for graduation: 26
- Each $\square$ represents 5 credit
- Personalized Pathway Requirement (PPR): Up to 3.0 high school credits that lead to a specific post-high school career outcome chosen by the student, based on student interest and High School \& Beyond Plan.

LANGUAGE ARTS (4 credits)
Language Arts 9A, 9B $\quad \square$
Language Arts 10A, 10B $\square$
Language Arts 11A, 11B $\square \quad \square$
Language Arts 12A, 12B $\square$

## MATH (3 credits)

Algebra
Geometry
$\square \quad \square$
$3^{\text {rd }}$ year qualifying math $\square$ $\square$

SOCIAL STUDIES (3 credits)
Human Geography
Social Studies Elective
$\square$
US History $\quad \square \quad \square$
Civics/CWP


SCIENCE (3 credits)
$\square \square \square \square \square \square$
CAREER \& TECHNICAL EDUCATION (1 credit)

PHYSICAL EDUCATION (1.5 credits)HEALTH (. 5 credit)

FINE ARTS (2 credits, one of which may be PPR)
WORLD LANGUAGE or PPR (2 credits)
ELECTVES ( 6 credits)

Total Credits: $\qquad$

Other Graduation Requirements: Passed SBA or approved alternatives in: ELA $\square \quad$ Math $\square$

High School \& Beyond Plan Community Service (min. 20 hours) Washington State History

## $\square$

$\square$

## Let's start with Language Arts

| LANGUAGE ARTS (4 credits) |  |
| :--- | :--- |
| Language Arts 9A, 9B $\quad \square$ | $\square$ |
| Language Arts 10A, 10B $\square$ | $\square$ |
| Language Arts 11A, 11B $\square$ | $\square$ |
| Language Arts 12A, 12B $\square$ | $\square$ |

- If you passed all of your Language Arts classes, the four boxes for Language Arts 9 and 10 should be checked off or have a "T"
- If any of those four boxes are blank, that is a class that you will need to make up. Talk to your counselor about a plan.



## Math

-A minimum of three years of Math are required for a Lindbergh diploma.
-Algebra and Geometry are required along with a third year of math.
Hint: You are looking for Algebra 1A and Algebra 1 B.
The Algebra Fundamentals only counts as an elective.

If a student has an IEP in Math, then their IEP math classes count in the math boxes.

Question: "What if I took Algebra or Geometry in middle school"?
You need a minimum of three years recorded on the transcript. If you took Algebra or Geometry in high school, then you are probably in Math Analysis or Calculus now.

Keep going- you are doing awesome!

Question: "How do I get my Algebra or Geometry from middle school added to my transcript?"
Email your counselor. There is a form that both you and your parents must sign.
Legally once a class is put on the transcript, we can not take it off. We recommend only adding credit earned in middle school if it is going to raise your cumulative gpa.

## Social Studies

-All students must pass
Human Geography
-Two classes count as Social
Studies elective:
-World History A
-Psychology
-You will take US History in
Junior year and Civics in Senior year

Note: If you are in AP World History, the first two trimesters will check off Human Geo. and SS Elective. The third trimester will count as CWP! You should have a " $T$ " in that box

## Science

A minimum of three years
(6 trimesters) of Science are required for your diploma.

- You took Physics A and Chemistry A as a Freshman
- You should be enrolled in Biology A\&B this year
- You may have also taken:
- AP Biology
- Anatomy and Physiology
- Robotics
- Pre-Engineering
- Any blank boxes you have left are science classes that you will need to take before you graduate


## PE and Health

- 1.50 credits (Three trimester classes) of Physical Education is a graduation requirement.
- Health - a . 50 credit of Health is required.

You can find this in your ninth-grade year.

Hint: If you were in a different district in ninth and tenth grade then you may not have taken Health yet. If you can not find Health on your transcript then you are going to need to take it before you graduate. It is a requirement for a diploma.


## Career and Technical Education You need 2 trimesters

## What classes count as a "CTE" credit?

Look on your transcript

- any class marked with a PVO code counts as a CTE credit
or
Look on the Course Offering Sheet
- any class marked with an asterisk counts as a CTE.


## What Counts as a Fine Art?

## Fine Arts

- Band
- Orchestra
- Choir
- Art
- Ceramics
- Photography
- Visual Communications and Digital Design
- Video Foundations and Production
- Website Design
- Yearbook

Website Design and Yearbook will count as a fine art for meeting your high school diploma however neither class fulfills the fine art requirement for university admissions.

## World Language

## Two years of a World Language are required for your diploma

For University Admissions the two years must be the same language.

Competitive universities prefer three or four years of the same language.

## World Language Exam

If you can speak, read and write another language then you can earn credit.

Once Covid is over we will be able to offer the World Language exam.

Exams are available in over 100 different languages!


## What is the PPR? PERSONALIZED PATHWAY

Personalized pathway is for students who are passionate about a field that does not require a 4-year education, they can take 3 credits that will prepare them for a field to replace the 2 credits of World Language and 2 nd credit of Fine Art.

Example 1: A student who wishes to go directly to a 4-year university would need to earn:
-2.0 credits of World Language
-1.0 additional credit of Fine Art

Example 2: A student who plans to become a graphic designer, and will attend a 2-year college to start, could take:
-1.0 credit of Visual Communications
-1.0 credit of Website Design
-1.0 credit of Introduction to Marketing

## Electives - What is an "Elective"

## There is no magic list of electives

An "Elective" is simply classes that you take in addition to the basic requirements.

Your elective choices should prepare you for: "What are you graduating to?"

- Two-year Community Colleges
- Four-year Colleges and Universities
- Career/Technical Trade Schools
- Apprenticeship
- Military
- Employment
- Courses that don't necessarily apply to any of the above, but look like something you'd like to try (you never know where it might lead!)


## If you are planning to apply directly to a four-year university then your electives are going to be:

## MINIMUM COLLEGE ADMISSIONS STANDARDS at Washington's Public Four-Year Colleges

4 credits of English3 credits of math including Algebra II or Integrated Math IIISenior year quantitative math3 credits of social science2 credits of science2 credits of world languages1 credit of artsMore: Math, Science and World Languages

Make yourself academically competitive while still maintaining a strong gpa and a healthy balance.

Meeting the minimum entrance requirements does not guarantee admittance.

Some colleges have additional requirements, so visit their websites to see what else they require.

## What would your electives be if:

## What are you trying <br> to graduate

 to?- You want to do something in Construction?
- You want to join the Marines?
- You want to start your own business?
- You want to work at Boeing?
- You want to be a Nursing Assistant?


## Thus- anything can be an "Elective".

- For some of you it may be more sciences and more math classes.
- For others it may be construction, strength training, business classes etc
- It is up to you and your future plans as to what courses you choose to fulfill your elective boxes.


## Next Steps： What＇s Blank on your Credit Check Form？

## What classes are not marked off as completed or are on your schedule right now？

－Those are the requirements that you have left for your diploma．
－These are the courses that must be first put on your registration form for next year．
－Minimum credits for graduation： 26
－Each $\square$ represents 5 credit
－Personalized Pathway Requirement（PPR）：Up to 3.0 high school credits that lead to a specific post－high school career outcome chosen by the student，based on student interest and High School \＆Beyond Plon．
LANGUAGE ARTS（4 credits）
Language Arts 9A，9B
Language Arts 10A，10B
Language Arts 11A，11B $\square$
Language Arts 12A，12B $\square$

| MATH（3 credits） |
| :--- |
| Algebra |
| Geometry |
| 3rd year qualifying math $\square$ |$\quad \square$

SOCIAL STUDIES（ 3 credits）
World History
U．S．History $\quad \square \quad \square$
Civics／CWP
Social Studies Elective SCIENCE（3 credits）

】 】】ロロロ
CAREER \＆TECHNICAL EDUCATION（ 1 credit）

PHYSICAL EDUCATION（ 1.5 credits）
$\triangle \square \square$
HEALTH（． 5 credit）
$\square$
FINE ARTS（2 credits，one of which may be PPR）
】 】 凹 ロ
WORLD LANGUAGE or PPR（2 credits）
】 $\square \square \square$
Electives（6 credits）
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$\qquad$

High School \＆Beyond Plan

## Course Selection Planning Tool

We created a digital worksheet to help you determine which classes you want for your 15 trimesters

- Go to the Lindbergh Counseling Website
- Click on the Registration Tab and go to the
"Class of 2024 - Current Sophomore" page
- Find the "Course Selection Planning Tool".
- This form is for planning out classes and credits. You will officially register for classes through Skyward


## Course Selections for Your Junior Year

This form lists every class that is available to a Junior. It is a very long form. You need a total of 15 trimester classes to create a full schedule. Each time you mark a box this form will count up your total. Go to the very end of this form to see your total.

Last Name *
$\square$

First Name *
$\square$

Email *

Should I still register for classes at Lindbergh if I am wanting to do Running Start next year?

## YES!

## Register for Classes at Lindbergh even if you think you are going to transfer to Running Start!

- If you decide that you are serious about enrolling in Running Start become aware of the registration dates for the community college you are wishing to attend. We have 5 different colleges in our area that students can choose from for Running Start. The earliest opening for fall applications is not until March.
- Do not gamble your diploma! Register for classes at Lindbergh just in case you do not get into Running Start.
- If you become successfully registered for Running Start later in the Spring, then your counselor will simply drop your Lindbergh Course Selections.


# Trying to Decide Whether to do Running Start? 

- Getting college credits for little cost (class fees and books still have cost, can be waived with Free/Reduced lunch status)
- Colleges offer classes that we do not, including ones that may be relevant to your career path
- Becoming an independent student
- Grades go on your permanent college transcript
- Lindbergh teachers/counselors are not able to provide support
- If you are not ready for college level classes, you will fall behind in high school requirements as well


## Course Selection Planning Tool

Language Arts- A Junior Language Arts is required - You must choose one *LA 11 A and 11 B - 2 Tris
$\square$ AP English Language - 3 Tris

Social Studies- A US History Class is required - You must choose one *US History A and B- 2 TrisAP US History - 3 Tris

Math- Please choose the next level of math that you need *Geometry A - 1 Tri
Geometry B-1 Tri
Modeling our World with Math - 2 TrisCore Algebra - 1 Tri
Algebra 2A and 2B-2 Tris
SAT Prep - 1 TriProblem Solving - 1 Tri
$\square$ Math Analysis/Trigonometry - 3 Tris

- This form lists every single class available to next year's Juniors.
- As you select classes it will automatically total the number of trimesters you have chosen.
- You will choose 15 trimesters of classes, along with 6 Alternates


## Language Arts

- Two trimesters of Junior Language Arts are required for your diploma.

```
Language Arts- A Junior Language Arts is required - You must choose one *
v LA 11 A and 11 B-2 Tris
AP English Language - 3 Tris
```

- You have two different courses that you may choose from:
- Language Arts 11 A and B (2 Trimesters)
- AP English Language A, B and C (3 Trimesters)


## Social Studies

- At Lindbergh, 2 trimesters of US History are classes that students take in their Junior year.

Social Studies- A US History Class is required - You must choose one *
$\square$ US History A and B- 2 Tris
$\checkmark$ AP US History - 3 Tris

- You have two different courses that you may choose from:
- US History A and B (2 Trimesters)
- AP US History A, B and C (3 Trimesters)


## Math - it is important

- There are lots of options for math, but not all of them apply to you
- The flow chart on the next slide should help you choose the most appropriate math class

Math- Please choose the next level of math that you need *
$\square$ Geometry A-1 TriGeometry B-1 Tri
Modeling our World with Math - 2 Tris
$\checkmark$ Core Algebra-1 Tri
$\checkmark$ Algebra 2A and 2B-2 Tris
$\square$ SAT Prep-1 Tri
$\square$ Problem Solving-1 TriMath Analysis/Trigonometry - 3 Tris
$\square$ Calculus AB-3 Tris
$\square$ Calculus BC - 3 Tris

## Math

- To use this flow chart, start by finding the math class that you are taking this year
- The arrows will show you the options for your next math
- Pick the class that matches your grade from $1^{\text {st }}$ trimester
- Your math teacher wants to make sure you pick the right class. If you aren't sure, double-check with them!



## Science

- You need 3.0 credits of science to graduate.

Science- Have you completed the 3.0 credits of Science for your diploma? You may also take more science as an elective if you already have 3.0 credits.

- It is recommended that you complete your $3^{\text {rd }}$ credit in junior year.
- Choose a class or classes that fit your interest


## AP and College in the High School Contract

- This contract is required for any AP and College in the High School class that you choose to take.
- Think through the academic rigor- remember to balance pushing yourself without overcommitting
- Find the form under the Registration Tab of the Counseling Website
- It is a fillable pdf. This means that you should download the form and save it to your desktop. You, and your parents can electronically complete and sign it.
- This signed form must be emailed to your counselor in order to secure your spot in the AP or College in the High School course.
- If you are registering for more than one AP or College in the High School class, then you can list them all on this one form.


## Lindbergh High School

Honors/Advanced Placement/College in the High School Agreement

Student Name (please print)
Student E-mail Address:
Parent Name (please prin
Parent E-mail Address:
Honors/AP/CIHS classes registered for the 2022-2023 school year:

- I understand that Honors/AP/CIHS courses require more work outside of class and higher-level thinking.
- I have checked the homework requirements for all my classes, and I am certain that I can handle the workload, along with my other commitments (school, family, and extra-curricular).
- I understand the teaching schedule is created from student requests: therefore, I will not be allowed to drop any Honors, AP, or CIHS classes that I sian up to take.
- I understand I am responsible for the completion of summer assignments prior to the first day of school. If I don't complete these assignments, I will remain in the class and my grade will be impacted.
- Classes that offer college credit have a cost associated to receive college credit. However, students may take these classes and receive the high school credit at no cost.
- If you would like to receive college credit but cannot pay the cost, please check with the instructor to see if funds are available.


## How Many Trimesters Do You Have Left?

- By now you have picked your Language Arts, Social Studies, Math, and Sciences classes
- The planning form is automatically adding up how many trimesters you've

Total Number of Classes Chosen= needs to equal 15
10 selected

- Scroll down the form to see how many trimesters you have out of your 15
- The rest of your class picks will be totally your choice


## What other requirements are not checked off on your credit check form？

Do you need：
－More PE？
－More Science？
－More CTE？
－More Fine Art？
－More World Language？

High School Graduation Requirements Checklist
Class of 2021，2022，and 2023
$\begin{aligned} & \text { Name：} \text { Mr．Sheffels } \\ & \text {－Minimum credits for graduation：} 2\end{aligned}$
－Each $\square$ represents 5 credit
－Personolized Pathway Requirement（PPR）：Up to 3.0 high school credits that lead to a specific post－high school career outcome chosen by the student，bosed on student interest and High post－high school caren．
School \＆Beyond Plon．

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| :---: | :---: | :---: |
| Language Arts 9A，9B |  |  |
| Language Arts 10A， 10 B \} |  |  |
| Language Arts 11A，118 $\square$ |  |  |
| Language Arts 12A，12B $\square$ |  |  |
| MATH（3 credits） <br> Algebra |  |  |
| Geometry | T |  |
| $3^{\text {rd }}$ year qualifying math $\square$ |  |  |

SOCIAL STUDIES（3 credits）
World History $\square$
U．S．History $\quad \square \quad \square$
Civics／CWP $\quad \square \square$
Social Studies Elective
SCIENCE（3 credits）
】】】 $\square \square \square$
CAREER \＆TECHNICAL EDUCATION（ 1 credit） $\square \square$

PHYSICAL EDUCATION（ 1.5 credits） ■ $\square \square$
HEALTH（． 5 credit） $\square$
FINE ARTS（2 credits，one of which may be PPR）】 $\square \square$
WORLD LANGUAGE or PPR（2 credits）】 】】 $\square$
ELECTIVES（6 credits）】 $\square \square \square$ $\begin{array}{cccc}\square & \square & \square & \square \\ \square & \square & \square & \square\end{array}$

Total Credits： $\qquad$

Other Graduation Requirements：
Passed SBA or approved alternatives in：
ELA $\square$
Math $\square$
High School \＆Beyond Plan Community Service（min． 20 hours）$\square$ Washington State History $\square$

Remember：Any class that doesn＇t fit into another category counts as an elective

## Alternates! You are going to need 6 of them

- The Master Schedule is a complicated puzzle.
- Not all of your first choices are going to fit.
- In order to have a full schedule you MUST pick six alternates.
- Look over all of the courses to choose from. Pick six of these that you would be willing to take when some of your top choices will not fit.

```
\square \text { Psychology - 1 Tri}
\square \text { AP Psychology - 3 Tris}
Total Number of Classes Chosen= needs to equal }1
15
Does your total reach 15? Great job! Now please type in 6 alternates below. Alternates are super important. The Master Schedule is a complicated puzzle. There is a good chance that a few of your choices will not fit. Please list 6 alternates so you can have a full schedule in the fall.
Alternate \#1 *
Marketing Exploration
Alternate \#2 *
Computer Porgramming
Alternate \#3 *
Baking and Pastry
```


## Skyward Data Entry-

- The Course Request program is open right now!!
- It is scheduled to be closed Sunday, January 30th at Midnight.
- Thus, Sunday, January 30th is your deadline to complete your registration.
- You have almost two weeks to do this.

Do not procrastinate!

## Enter your course selections. Be sure to choose 7.50 Credits. Some classes are one trimester, some are two, some are three.

Skyward data entry is easy!
It is a very intuitive program


## Click Schedule

- On upper right you will see "Course Requests Now Open"
- Beneath that click on "Requests Courses for 2022-2023"


## Select each request by highlighting the course and clicking "Add Course" To remove a course, highlight the course and click "Remove Course".



## Remember -

You need a minimum of 6 alternates!

When finished entering 7.50 credits (15 trimester classes)

Click on "Request Alternates"
at the top of the page.


## You are done when:

Total Requests/Scheduled = 15

Total Alternates $=6$

Total Credits $=7.50$

To end, simply exit the program. No need to save, everything is synced automatically


## Are You a Zero-Hour Band, Orchestra or Choir Student?

- Do not try to enter your Zero-hour courses
- Skyward data entry is set to limit you to 7.50 credits (15 trimester classes)
- Your Band, Orchestra and Choir teachers will provide the counselors a list of students who should be enrolled into Zero hour.
- We will enter these classes for you.
- Simply communicate with your music teacher and they will let you know the requirements for being added to the zero-hour ensembles.


## Remember to turn in your signed AP and College in the High School Contract to your counselor!

- If you entered any AP or College in the High School classes into Skyward, then you must complete and sign this form.
- Find the form under the "Class of 2023 - Current Juniors" Tab in the Registration portion of the Counseling Website
- It is a fillable pdf. This means that you should download the form and then save it to your desktop. You, and your parents can electronically complete and sign it and then email it to your counselor.
- If you do not turn in this form to your counselor, then your AP or College in the High School classes can not be scheduled.


## Lindbergh High School

Honors - Advanced Placement - EWU/UW Agreement

Student Name (please print)
Student E-mail Address:
Parent Name (please print)
Parent E -mail Address


- I understand that Honors/AP/UW courses require more work outside of class and higher-level thinking.
- I have checked the homework requirements for all my classes, and I am certain that I can handle the workload, along with my other commitments (school, family and extra-curricular).
- I understand the teaching schedule is created from student requests: therefore, I will not be allowed to drop any semester, or year-long, Honors, AP, or UW classes.
- I understand I am responsible for the completion of summer assignments prior to the first day of school If I don't complete these assignments, I will remain in the class and my grade will be impacted.
- I understand I must pay approximately \$370 and textbook costs for UW High School courses to earn university credit.
- I understand I must pay approximately $\$ 95$ (unless I am on free/reduced lunch) if I elect to take an AP exam and potentially earn college credit.


## Running Start?

- Are you thinking about Running Start? Do you need more information?

Go to our Counseling Webpage and we have an entire section devoted to Running Start. It will explain everything you could possibly want to know.
 School
OUR SCHOOL FOR STUDENTS FOR FAMLIES ATHLETICS COUNSELING CAREEP CENTER

LHS Counseling Staff
Counseling Support
During Covic
Self-Care Presentation
Graduation
Requirements
Course Catalog for High School Students

Applying to Four-year
Colleges, Universities
and Scholarships
Transcript Request
Running Start
Credit Recovery

RUNNING START
Running Start Informational Video
RUNNING START
Running Start is a statewide program that provides an opportunity for juniors and seniors to enroll in courses at our local community colleges as part of their high school coursework.

Students may enroll simultaneously in high school and college classes, or solely in college classes. College tuition for up to 15 credits is paid through Running Start. The maximum credit eligible is based on students combined high school and college enrollment. Students are responsible for transportation, books, supplies and applicable fees.

Lindbergh High School students who participate in Running Start are responsible to keep themselves informed about the LHS school calendar and activities. This information is available at the LHS website.
Seniors must also complete their High School and Beyond Plan here at LHS. This information is also available at the LHS website. The high school is the final authority on high school graduation requirements. It is important to work closely with a high school counselor to ensure that you are meeting all your graduation requirements.
Once you begin your college courses, you will be considered a "regular" college student. You will be in classes with adults of all ages. The faculty expects the same level of classroom participation and quality of work from all students. Students are expected to meet class deadlines, be prepared for class, ask questions, and conduct themselves as responsible adults. If students have difficulty or need additional assistance, it is the students' responsibility to seek out the instructor or contact

## Questions:

- Counselors are available every day before school and during lunch. Pop in and see us.
- Your teachers are smart! They can answer almost all registration questions. You see them in class everyday- just ask ©
- See our Registration Q and A Sheet on the school website.
- Teachers are the experts about the classes offered in their subject area. If you have questions about a specific class or content area, ask your teacher who teaches that subject (ie what Science should I take next year? Ask your science teacher for their opinion).
- All registration materials are posted on our website for your review at any time.

